

The background is a watercolor illustration in various shades of teal and turquoise. It features soft, organic, and somewhat abstract shapes that resemble waves or bubbles, creating a textured and artistic feel.

Brightside Bahamas

be kind to your mind

Christina Johnson, MA

Individual, Couple, and Family Therapist

Certified Life Coach

Mental Health Educator

email • brightsidebahamas@gmail.com

web • www.brightsidebahamas.com

booking • brightsidebahamas.setmore.com

Office located at St. Paul the Apostle Church, Lyford Cay

Virtual and concierge appointments also available

Find me on social media as Brightside Bahamas

